

Western Chan Fellowship Newsletter 40

November 2020

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WALKING THE PATH OF LIBERATION: A ZOOM RETREAT 5-12 DECEMBER

Leaders: Juliet Hackney and Alysun Jones

There will be no need to book time off work during Monday to Friday 9-5.

Booking and more information at <http://w-c-f.org/Q487-407>

This retreat will explore in depth the Noble Eightfold Path (the final part of the Four Noble Truths laid out by the Buddha in his first sermon following his awakening). This is the path to end our mental anguish, unease, and discomfort with our lives. We will take each element of the Noble Eightfold Path in turn and investigate the way in which it affects our lives, and how liberation is possible.

PILGRIMAGE TO LADAKH: A SLIDE SHOW VIA ZOOM ON FRIDAY 27 NOVEMBER

Slide show with Hughie Carroll and Sophie Muir via Zoom

Friday 27th November, 2020 7.30pm - 9pm, hosted by Jos Hadfield, Lizard Chan group.

On what would have been John Crook's 90th birthday, you are invited to celebrate John's travels in Ladakh and encounters with Yogins, through journeys in his footsteps made by two students, Hughie Carroll and Sophie Muir. Hughie will share slides from his travels in 2005, Sophie from hers in 2019

All welcome. To request a Zoom link, please contact sophie@gearmill.org

Donations invited to the Western Chan Fellowship bursary fund.

THE RECORDING OF WCF AGM 2020

This year's AGM was held on Zoom on September 5th. The Zoom recording is available for members to view. Login to the WCF website and go the members page and follow the link there.

<https://www.westernchanfellowship.org/login/>

THE RECORDING OF "A CELEBRATION OF MAENLLWYD"

This event was held on Zoom on 26th September. The Zoom recording is now available to view on Youtube.

<https://youtu.be/7tAEwKVWL3Q>

We opened with a film made especially to celebrate Maenllwyd and WCF time there, then several of those present shared their memories of Maenllwyd, then we broke into smaller groups for two sessions before coming back to the larger group for the conclusion of the event.

JOHN CROOK'S WRITINGS

John Crook's son, Stamati Crook, has published two books of John Crook's writings.

One, "Circling Birds", is an 'omnibus' edition collating all of the articles that John Crook wrote for New Chan Forum. This available as an ebook for 99p, or as a print copy for £23.99 (it is nearly 700 pages long)

Stamati has also compiled poems written by John, some of them published in New Chan Forum and elsewhere, and some previously unpublished, into a book called "Letting Go". This is also available as an ebook (currently free of charge) or as a print copy for £6.99.

Search lulu.com for books by John Hurrell Crook

<https://www.lulu.com/search/?contributor=John+Hurrell+Crook>

SUPPORT WCF WITH THE AMAZON SMILE PROGRAMME

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To set this up on your Amazon account, login to your Amazon account then follow this link.

<https://smile.amazon.co.uk/ch/1166162-0>

Then make all your future Amazon purchases at smile.amazon.co.uk instead of www.amazon.co.uk

You can also activate Amazon Smile on the Amazon shopping app. Go to the menu item "See all programmes" then select Amazon Smile.

LOCAL GROUP EVENTS

Check with your local group how they are managing their meetings and events during COVID pandemic. Some are meeting via Zoom and others are doing other things.

SOUTH DEVON DAY RETREAT VIA ZOOM ON SATURDAY 21 NOVEMBER

The leader for this event will be Ned Reiter, with the theme "*Mono no aware: awakened by transience*". It is open to all with a limit of 25 attendees.

Booking and other information at <http://w-c-f.org/Q487-403>